

26th February, 2009 (Week 5)

Queens Beach State School

Ph 4791 3111

Office Hours - 08.00 a.m. to 04.00 p.m. Mon - Fri

| Event | Day / Date |
|--|---|
| Parade | Each Wednesday 09.00 a.m. in the Multi Purpose Area. |
| Lab on Legs (Selected Classes only) | Thursday 5 th March, \$3 per child. Years 2,2/3,3R & 3T – Beebots Years 4/5, 5 & 5/6 – NXT Robots |
| Free Dress Day | Friday 13 th March. “Think Pink”. Wear pink or red and bring a gold coin donation for “Relay for Life.” |
| School Disco | Friday 3 rd April. “Red Day” |
| School Watch | 13 17 88 Please ring this number if you see anything suspicious on campus after hours. |

From the Principal:

At Queens Beach State School, we promote family partnerships to enhance your child’s learning. Your child’s well-being is always our highest priority. Kindly talk with your child about the importance of staying in the safe places at school and never to leave the school grounds during school time. Explain to your child if they need to leave school during the day, then you or a family member will collect them from the office and sign them out of the school, so that everyone will know that they are safe. Please also remember that every person entering our campus (other than accompanying children to and from school) must report to the Office first. This compliance ensures that adults do not have access to any children, yet still allows us to bring your child to you. Ensure you instruct your children the procedures to follow after school if there are any changes to the normal routine (eg. today walk to grandma’s or not to catch the bus today)

Regards
Mary Franklin (Principal)

Sports Report

No swimming next week 5th March 2009, starts again 12th March.
Bowen Primary Schools Netball Trials at Queens Beach State School next Friday. Goodluck to all our Netballers.
Well done to our 3 swimmers Harry Hockings, Jaydan Mattingley and Jack Willcox.
Harry swam a PB in the 50m free, 36.76, well done!!

Jayden Mattingley has made the NQ Team for 50m Butterfly and 50m Backstroke.
Jack Willcox made it for the 100M freestyle.



2009 Sports Captains – Front – Mackenzie Mathieson, Tim Fortunato, Ashley Pointer. Standing - Shaniah Power, Geneva Fallon, Jack Macdonald, Destiny Rerekura, BJ Freeman (PE Teacher)

A big thank you to all who donated to our Bushfire Appeal on Free Dress Day, we raised a grand total of \$1090.00. Well Done!!!!

Family Movie Afternoon – “Hotel for Dogs”

The Queens Beach State School P&C Association, in conjunction with the Special Education Program, are holding a family movie afternoon after school as a fundraiser on Friday 27th March at the Bowen Summergarden Cinema.

The movie “Hotel for Dogs” is a PG family movie. The tickets will be \$12 each or a family pass for \$50. (Family pass is for two adults and 3 or more siblings). This ticket cost will cover afternoon tea and the movie entry.

Doors open at 3.45pm for afternoon tea and the screening will start at 4.30pm.

There will also be a raffle of some cool children’s prizes.

Tickets will be on sale next Wednesday 4th March onwards until all sold.

Tickets will be sold from the SEP room by Kari Feeney (withdrawal room in the year 1/2 block), at the Queens Beach State School Front Office, at the Bowen State School Front Office and the Bowen State School Special education Unit in Gordon Street.

Hope you can support this event as all proceeds go towards the North Queensland Challenge Games in Townsville in July. We have 13 students attending this camp from Queens Beach State School.

Numeracy – how families and schools can work together

To support your child’s efforts at school you can continue the lessons they learn in the classroom by helping them to develop their numeracy skills at home.

You may feel that the maths your children do at school is different to what you were taught, but you can help in many ways:

- help your child to enjoy the maths they do at school by offering encouragement and asking about the work they bring home from school
- when travelling, play games such as counting the cars by colour or if you are travelling by bus or train ask your child to read the timetable to decide what time you’ll get home
- talk to you child about how numeracy is related to sports – to keep score, measure distance and indicate time
- involve your child when preparing a meal and help them decide how much food to prepare for the whole family and whether there will be enough ingredients
- when shopping, use the catalogue specials to talk about discounts and whether it is cheaper to buy larger-sized products or a few smaller products
- talk with your child’s teacher about numeracy at home and at school and raise any concerns with them.

For more ideas on helping your child with their numeracy visit
www.education.qld.gov.au/parents/map/

Childhood Injury Prevention **DANGER! HOT CARS**

Many parents or carers don’t realise how quickly the temperature inside a vehicle can rise. On a typical summer day the temperature inside a parked car can be as much as 30°C to 40°C hotter than the outside temperature. So with the hot weather we’ve been having lately the temperature inside your car could reach 75°C. This means if you leave your children in a car, even for a short period, they could experience very high temperatures in a very short time.

As the temperature rises, children begin to develop heat stress (hyperthermia) and also dehydration. Most (75%) of the temperature rise happens within the first five minutes of closing the car and leaving it. So on a 36°C day, within five minutes, the temperature will have reached 55°C. Young children are more sensitive to heat and so, the younger the child, the faster the onset of heatstroke and

dehydration. Hyperthermia, dehydration and asphyxia (suffocation) can all lead to death.

The colour and size of you car makes little difference. Dark coloured vehicles reach only slightly higher temperatures than light coloured vehicles. The colour of the interior trim has no effect on the temperature inside a car either and larger cars heat up just as fast as smaller cars.

The greater amount of glass in the car (eg. hatchbacks) the faster the rise in temperature. Many people think that having the windows down five centimetres in a car will help keep the inside temperature down, but this causes only a slight temperature drop inside the car. A child left in a car which has the windows down a small amount can still die.

SAFETY STEPS:

- If you have to leave the car, even to run a quick errand, take the children with you.
- Do not use the car as a ‘baby sitter’ substitute.
- If you see young children in a car by themselves, and their parents are not immediately available, call police or ambulance officers for help. Taking action immediately could save a child from serious harm, or even death.

In our hot weather it’s just not worth taking the risk.

Protecting against the sun

Queensland state school students are protected from our harsh sun by the Department’s *Developing a Sun Safety Strategy* policy.

This policy requires that all schools provide an SPF 30+ broad spectrum waterproof sunscreen to students for outdoor activities and ensure they are wearing protective clothing. It also requires schools to develop educational programs on sun safety.

Schools develop sun safety strategies in consultation with their school community, and parents are encouraged to support the strategy by providing their children with appropriate protective clothing, including hats, sunglasses and swim shirts for water-based activities. Under the Department’s policy, swim shirts must be worn by Prep to Year 7 students during all water-based activities except during races at school swimming carnivals.

The Queensland Cancer Council’s website has plenty of tips for parents on reducing the risk of over-exposure to the sun. Visit their site at:
http://www.cancerqld.org.au/reduce_risk/prevention/prevent_sunProtection.asp